

# **SHE HARBOUR FOUNDATION.**

*“Providing Relief and Empowerment to the Vulnerable Girl Child”*

## **ABOUT US**

SHE HARBOUR FOUNDATION (SHF) is a nonprofit making organization founded and registered in Uganda in July 2020. The Foundation aims at providing Relief and Empowerment to the Vulnerable Girl Child across Uganda both in urban and rural place. Among others, the Foundation seeks to advocate for awareness of freedom of expression and other human rights of the girl child, advocacy for compulsory stay in school of the girl child through focusing on elimination of the many factors that keep them out of school like early teenage pregnancies, early marriages, poverty, lack of the various basic needs and more. The foundation further seeks to empower and build self-reliant, confident and powerful women for the future through holding fellowships, camps, hands-on project trainings, charity donations of basic home needs including clothes, food, water, sanitary towels, home basic necessities, counseling, legal advice and protection, all in order to empower the girl child economically, psychologically, socially, financially and in many more ways.

We at **SHE HARBOUR FOUNDATION**, we strive hard each day to work in order to solve the biggest problems faced by girls, women and children across Uganda. The girl child struggles a lot with poverty, abuse, property loss, teenage pregnancies early marriages, and rape among others. Most children are not going to school, they face child labour and abuse, early marriages, poverty and for the girl child, education is not a priority in the African societies especially in the rural areas of Uganda.

Throughout history, women have been underprivileged and are always the minority group. This is due to the patriarchal society that girls are raised in, which encourages and brings up the male child as the superior of the girl child thereby making the girl child inferior in most things. This has lowered the self-esteem of so many girls in that so many cannot speak up on any issue for fear of the fact that girls are not supposed to have a say on any issue in society. Most societies have subjected the girl child to submissiveness to the male figure and this has led to so many rights violation of the girl child and miserable living standards. Our mission looks at making the society an equal livable place. We want to give confidence to girls, women and create a better society where both gender can co-exist equally in all aspects of life.

## **VISION**

“To provide relief and empowerment to the vulnerable girl child”

## **MISSION**

“To ensure that girls, women and parents get informed, trained and educated about the welfare, better standards of living and human rights of every girl child for self-sustainability and a great bright future for every girl child socially, economically, psychologically and spiritually.

## **AIMS AND OBJECTIVES**

1. To advocate for awareness of expression, and other human rights of the vulnerable girl child, women and parents of every girl child in Uganda.

2. To advocate for compulsory staying in school for girl education at Primary, Secondary, Vocational and higher institutions of learning based on skills for self-reliance in order to create awareness, improve mindsets and a better elite future for the girl child.
3. To advocate for joint research with other esteemed organizations and foundations for empowerment and provision of relief to the vulnerable girl child across the country.
4. To mobilize girls, women and parents to strengthen the unity among females and promote cooperation with other initiate organizations worldwide.
5. To seek for financial assistance in form of grants and credit facilities from the government, voluntary organizations at national and international level in order to fulfill the objectives of the foundation.
6. To initiate income generating projects and saving credit schemes to help girls and women who are unable to reach their basic needs in one way or another in Uganda.
7. To advocate for improved Healthy services through advanced female Health care, Physiotherapy for pregnant girls and women, Nutrition, Reproductive health, HIV/ AIDS prevention and care programs.

## **CORE VALUES**

Self-Awareness

Communication

Integrity

Coordination

Teamwork

Equality

## **OUR CAUSES.**

### **1. Advocacy for Girls' stay in school.**

Throughout African history, the girl child has always been underprivileged and is always considered the minority group due to various reasons one of which culture. Travelling through the various different parts of Uganda, both in rural and urban areas, one quickly realizes the fact that so many girls are out of school. Our mission looks at making the society an equal livable place to both gender. We want to give confidence to the girl child through advocating for their stay in school and create a better society where they too can fit into spaces and be heard. We look forward to fighting against the various factors that keep girls out of school like early teenage pregnancies, early forced marriages, cultural benefits from the girl child, like bride price to the parents, poverty, domestic violence, child labour and provision of sanitary towels. In Uganda, various girls miss school due to menstrual periods issues. Since they lack sanitary towels, some use soil, cow dung, leaves as sanitary towels. Therefore we look

forward to providing a solution to each and every problem so as to keep the girl child in school and empower them realize their worth and take up spaces in the world. Help us keep the girl child in school through donating towards our cause.

Target money: \$ 150,000

Current: \$ 0

## **2. Advocacy for awareness of expression and other human rights**

The Ugandan Constitution expressively provides for freedom of expression and other human rights to every individual in the country. However it is very unfortunate that since time immemorial, the girl child has been condemned and called various names when she speaks out on any matter. This has caused so many to end up in bad situations like unwanted early marriages, teenage pregnancies, domestic violations, battery, sexual harassment and many more scenarios that degrade the rights of the girl child. We at She Harbour Foundation seek to put an end to this through educating as many girls as we can about their rights and that they are entitled to an opinion. Through teachings girls are to be sensitized about their role in the community, they are to be trained to stand for their rights. They shall be sensitized about the law and policies against gender based violence, inequality, women emancipation, sexual harassment among others. We aim at by all means, providing relief to the many violated girls, the silent and the active ones, by giving them their voices and space to share their stories and flourish in as many ways as they as can, advocate for all their rights; for we believe if a man can, a woman too can. We therefore seek for your financial support so that we see this cause through.

Target; \$100,000

Current: \$ 0

## **3. Empowering the girl child.**

The state of life that various girls in villages, slums, and even some developed areas live in, is really miserable and saddening. Due to poverty, most girls have been forced into early marriages, early teenage pregnancies and much worse situations. These girls have been undermined by society and due to patriarchy; they don't have a voice in communities. We stand with them in encouragement so that we offer a new perspective about life and how they can go through difficult situations. She Harbour Foundation seeks to put an end to this through empowering so many of these girls through holding fellowships, camps, hands-on project training so as to empower and create a self-reliant, confident and strong women for tomorrow who can stand up on their own, take up spaces and live a recommendable life. Through fellowships, we shall hold several facilitations on how to succeed in life, stand up for one self and others through all circumstance. We intend to hold camps to further energize the girl child on how to go about life, counseling sessions, provision of support and a push to all corners of what the world can offer. We shall hold hand-on project trainings like teaching girls and women how to make Re-usable sanitary towels which will resolve the issue of using unhygienic materials like soil, leaves etc. we shall make liquid cleaning soap, candles, art, farming, sewing and much more. This is all to empower women economically through giving them opportunities to start-up businesses and fight poverty and being self-reliant financially. Achieve with us this goal through donating to our cause.

Target; \$ 100,000

Current. \$0

## **MEET THE TEAM**

As SHE HARBOUR FOUNDATION, we believe that there is an amazing amount to be learned alongside other like-minded people through teamwork. With this in mind, we have a team of eight (8) people who are well experienced, creative, technical and dedicated to change the life of every vulnerable girl child through social works, provision of relief, empowerment and development. We are confident that with this team we can provide professional and effective solutions to change the lives of girls in every region of Uganda for a better future of the girl child.

For more information, please reach us on

[www.sheharbourfoundation.org](http://www.sheharbourfoundation.org)

[support@sheharbourfoundation.org](mailto:support@sheharbourfoundation.org)

Facebook: She Harbour Foundation

**SHE HARBOUR FOUNDATION**

P.O.BOX 21487

Kawaala-Kampala

0755468312 / 0704373227